

ACT on HF Introduction

- 17.30 – 17:35 Welcome and introduction
Eva Turgonyi & prof Izabella Uchmanowicz
- 17.30 – 17:40 ACT on HF program
Launching of the Nurse Heart Failure Educational Program in Central and Eastern Europe and the Baltic Countries (CEE-BA).
Prof. Piotr Ponikowski
- 17.40 – 18.00 Contemporary multidisciplinary treatment of patients with heart failure.
Prof. Ewa A. Jankowska

STEP-ONE in HF Objectives of the Program

- 18.00 – 18:15 Objectives of the Nurse Heart Failure Education Program in Central and Eastern Europe and the Baltic Countries (CEE-BA).
Prof. Izabella Uchmanowicz
- 18.15 – 18.35 Discussion. *ALL*

Role of Heart Failure Nurse, Patient & Caregivers

- 18.40 – 19:00 Role of Heart Failure Nurse, patient and caregivers in heart failure self-care.
Prof. Izabella Uchmanowicz
- 18.45 – 18. 55 Self-maintenance and self-monitoring of patients with heart failure.
Dr Magdalena Lisiak
- 18.55 – 19.05 Self-management and checklists for patients with heart failure.
Dr Marta Wleklik
- 19.05 – 19.15 Role of family and caregivers in heart failure management.
Prof. Remigiusz Szczepanowski
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- 19.15 – 19.30 Conclusion & Next Steps